

2023 | 2024

Handbook

Kingston Beach Sailing Club



kbsc.org.au

CONTACT DETAILS

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Find Us On:



Cover Photo

Fletcher & Charlotte in Schmoo - 22/23 B14 Nationals KBSC

Photo Credit - Flight Risk Photography

Information contained within this handbook is correct at time of printing but is subject to change. Members and interested persons are advised that wherever possible, alterations will be advertised via the club notice boards, webpage and social media.

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Hello to all, and welcome back to the 2023/24 sailing season. It's been a long and cold winter, and I'm sure like me everyone is keen to get back on the water.

While most of us have been staying warm and dry over the off season, some of our sailors have been hard at work, representing both KBSC and Australia abroad. We've had Atlas Miller at the O'pen Skiff World Championships in Italy, and Caitlin Clippingdale and Rose Landon at the Mirror Worlds in Ireland. Please join me in giving them a big congratulations when you see them around the club.

It's not like we've stood still back at home base though, and with a new roof, gutters, and a fresh coat of paint, the club is looking better than ever. With work in the planning stage for a new ramp as well, we're always on the lookout to keep the club modern and safe. A big, heartfelt thank you to all those involved, as without the generous donations of labour, knowledge, and materials, we'd still be twiddling our thumbs and putting out buckets when it rained.

As always, it's shaping up to be a great season of laughs and fun, and I'm looking forward to seeing all the past faces and new around the club.

Seth Hilder
Commodore

CLUB BACKGROUND

Kingston Beach Sailing Club was founded in 1954 to provide a safe and friendly environment for sailing, teaching sailing and seamanship skills, racing, and general participation both on and off the water. Kingston Beach Sailing Club Inc is an Accredited Discover Sailing Centre.

KBSC is an all ages family club and welcomes people from all walks of life.

27th November 1943 - 29th August 2023

Kingston Beach Sailing Club would like to acknowledge the passing of our lifelong supporter, Peter Harvey. Peter has been a Patron and friend of the club for more than sixty years.

When Peter was younger he was our nominated Flag Officer and upon his arrival at the club he would proudly hoist the flags. In later years he would be delivered to the club by his loyal taxi drivers and spend the afternoon sipping Milo and eating a toasted sandwich whilst continually surveying the water from his spot in the Start Box. He was exceptionally proud of his rescue boat the "Peter Harvey" and was always keen to see it in action on the water.

Peter was one of those blokes who anyone could just walk past, not notice, and be unaware of his contribution to the community and to others. People who would never realise his value, his and his families generosity and his happy outlook on life.

The club salutes one of Nature's great gentlemen.

Farewell Peter.

Steve Reynolds



CLUB OFFICIALS - FLAG OFFICERS

3



Commodore

Seth Hilder

0488 608 491

2021 - Present



Vice Commodore

Scott Foster

0447 008 577



Treasurer

Malcom McAully

0418 271 411



Secretary

Sam Bailey



Sailing School Secretary

Jenny Graney

0421 064 690



Sailing School Principal

Steve Reynolds

0410 996 359



Canteen & Web Page

Anne Reynolds

0438 388 545



Bosun

Michael Bird

0490 943 637

PAST COMMODORES

Mr J Pringle 1954 - 1959

Mr C Nichols 1959 - 1960

Mr I Abbott 1960 - 1965

Mr P Sanders 1965 - 1969

Mr G Thyer 1969 - 1970

Mr P Sanders 1970 - 1974

Mr J Geddes 1974 - 1976

Mr T Hawkes 1976 - 1978

Mr B Berkery 1978 - 1980

Mr M McDougall 1980 - 1982

Mr B Berkery 1982 - 1983

Mr M McDougall 1983 - 1984

Mr D Graney 1984 - 1986

Mr D Baulch 1986 - 1988

Mr A Kerrison 1988 - 1990

Mrs J Graney 1990 - 1993

Mr B Wilson 1993 - 1993

Mr N Mills 1993 - 1996

Mr R Fleming 1996 - 1998

Mr J Lincoln 1998 - 1999

Mr J Direen 1999 - 2001

Mr B Given 2001 - 2003

Mr S Reynolds 2003 - 2021

General Committee

Anne Reynolds	Michael Bird
Quentin Hunt	Jenny Graney
David Graney	Shane Hilder

Sailing Committee

B14	Scott Foster
Laser	Sam Bailey
Mirror	Jenny Graney
Junior/Open Skiff	Tony Miller/John Adams

Policy & Procedures Coordinator	Anne Reynolds
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Cleaner	Atlas Miller
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Covid Safety Officer	Anne Reynolds
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Works Coordinators	Grant Atherton
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Handicapper	Tony Miller
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Canteen Coordinator	Anne Reynolds
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Membership Officer	Shane Hilder
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Dinghy Storage Coordinator	Jenny Graney
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Database Coordinator	Seth Hilder
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Kayak Storage Coordinator	Jenny Graney
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Roster Coordinator	Jenny Graney
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Website Administrator	Anne Reynolds
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Social Media	Seth Hilder & Tony Miller
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Handbook Editors	Scott Foster & Anneliese Hunt
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Life Members

Mr I D L Abbott (dec)	Mrs J Graney	Mr B Salter
Mr J S B Geddes (dec)	Mr R de Vries	Mr P Gore
Mr P Sanders (dec)	Mr D Graney	Mr Q Hunt
Mr P Canning (dec)	Mr A Reavell	Mr L Wilson (dec)
Mrs V Jones (dec)	Mrs A Reynolds	
Mr M McDougall (dec)	Mr S Reynolds	



Photo Credit - Flight Risk Photography

Open Skiff World Championships - Club Nautico - Rimini, Italy

16 - 21 July 2023

During the 2022-2023 season, Atlas Miller embarked on a campaign to sail in the O'pen Skiff World Championships in Rimini, Italy. Atlas's approach was diligent and saw steady improvement and consistently excellent results throughout the lead-up.

Right: Atlas and Team Aus taking a break.



Elena Giolai/O'penSkiff Italia

Atlas travelled within Australia to various national, state and local events to experience larger fleets and a variety of racing conditions. These included:

- Manly Cup, Sydney - 10th
- Australian Championships, Perth - 11th
- Victorian State Championships, Mount Martha - 1st
- Tasmanian Sabot State Championships, Wynyard - 2nd
- Tasmanian O'pen Skiff State Championships, Kingston Beach - 1st

Prior to the big event members of the Australian, New Zealand and Italian teams met for a few days of final training on iconic Lake Garda before heading south to the Adriatic Coast for the World's. At Rimini, Atlas competed in the Under 15s, which had the biggest fleet of 164 boats! Conditions were light, choppy and HOT. After 16 races, Atlas finished in an outstanding 16th.



KBSC are proud of Atlas's results, especially as they demonstrate what can be achieved with a consistent work ethic. Throughout the whole process, Atlas and his support team have learned a lot about competing in regattas - if you're interested in finding out for yourself, they'd be happy for you to quiz them!

Left: Atlas working hard upwind.
Photo Credits: Elena Giolai

Mirror World Championships - Sligo Yacht Club - Sligo, Ireland

25 - 29 July 2023



Congratulations

Caitlin Clippingdale
Rose Landon

Youth (4th)

Overall (32nd)

Andrew Clippingdale (41st)

The 19th Mirror World Championships were held in Sligo, Ireland, in July (2023) and KBSC's Caitlin Clippingdale and Rose Landon were part of the Australian team in their boat "Paddington". The event consisted of a 52 boat fleet, with crews from Ireland, the United Kingdom, South Africa and Australia. Caitlin and Rose fought for a hard won 4th place in the Youth Division and 32nd overall.

Andrew Clippingdale substituted in for an injured Irish skipper on Day 1, and so competed for Ireland! Andrew finished up in 41st overall. KBSC are proud of the efforts of all three sailors, especially as they were sailing in a much bigger fleet against some of the best sailors in the world!



Above: Andrew for Team Ireland.

Left: Caitlin & Rose sending it on a reach.

B14 National Championships - KBSC

3 - 8 January 2023



Robbie & Dylan with a quick kite set.



Scott & John chasing hard.



Loki & Carsen making the most of the wind.

Last summer KBSC hosted the B14 fleet for their National Championships. KBSC rolled out its best welcome (and good weather) for the fleet, and a good regatta was had by all. KBSC sailors performed strongly and all had great results, but our on-water performance was secondary to the smooth and friendly running of the event. Well done KBSC!



Congratulations

Robbie Hunt & Dylan Gore (4th)

Charlotte Armstrong & Fletcher McCormack (7th)

Scott Foster & John Adams (8th)

Loki Bird & Casen Garnett (16th)

+ All our fantastic volunteers!

Sabot National Championships - Port Dalrymple Yacht Club

27 December 2022 - 3 March 2023

Congratulations

Arthur Adams

Joey Adams

Wellington Adams

Jess Wardell

Huon Williams

India Williams



Huon Williams in Elusive

Six of our young sailors competed in the Sabot National Championships at PDYC last summer. An excellent event showcasing both high level racing and continued development. KBSC sailors had some excellent results, especially Joey and Dete Wardell, who won the 2-Up Division in Sabot Week.



Jess Wardell in Crude Oil



Dete & Joey with their medals

Mirror National Championships - Henly Sailing Club (SA)

27 - 31 December 2022

Congratulations

Caitlin Clippingdale &
Rose Landon

(1st Youth & 8th
Overall)

Ross & Andrew
Clippingdale

(1st Cruiser & 12th
Overall)



The 55th Mirror National Championships were held at Henley Beach Sailing Club, Adelaide, at the end of December 2022. Caitlin Clippingdale and Rose Landon had a successful regatta with some high places. They won the Youth Division and were 8th Overall. Family duo Ross and Andrew Clippingdale also competed in the regatta when a charter boat became available, with the aim of having fun and enjoying the experience. Together, they took out the Cruiserweight Championship and placed 12th overall. Both teams really enjoyed the regatta!



NS14 National Championships - Port Dalrymple Yacht Club

5 - 9 January 2023

Congratulations

Sam & Lindy Bailey
(9th)

Lindy and Sam continued their long association with the NS14 class and performed solidly throughout the championships, finishing mid-fleet on their second home waters.



Sabre National Championships - RYCT

11 - 14 January 2023

Congratulations

Clive Evans (27th)



Sabres are currently a popular class at other clubs throughout the country and the championships were well-attended. Clive performed well and finished mid-fleet in 27th.

Club Person of the Year	Steve Reynolds
Peter Harvey In Appreciation	Huon Williams & Wellington Adams
Rotary Clubmate	Lily Robinson
Lindsay Wilson Principal's Award	Tango Coull
Senior Sailor of the Year	Charlotte Armstrong
Most Outstanding Youth Sailor	Caitlin Clippingdale & Rose Landon
Junior Sailor of the Year	Atlas Miller



Pennant Series

Sabot	Line Honours	Handicap
1st	Huon Williams	Huon Williams
2nd	Arthur Adams	Arthur Adams
3rd	India Williams	Wellington Adams

Open Skiff		
1st	Atlas Miller	Jade Dickinson
2nd	Jade Dickinson	Atlas Miller
3rd	Luc Planchon	Luc Planchon

Mirror		
1st	Jenny Graney & Various	Jenny Graney & Various
2nd	Caitlin Clippingdale & Rose Landon	Caitlin Clippingdale & Rose Landon
3rd	Wellington Adams & Josh Welsh-Hussain	Wellington Adams & Josh Welsh-Hussain

Laser		
1st	Stewart Johnson	Stewart Johnson
2nd	Sam Bailey	Sam Bailey
3rd	Jett Hilder	Jett Hilder

B14		
1st	Scott Foster & John Adams	Scott Foster & John Adams

About the School

The Kingston Beach Sailing School (KBSS) is an initiative of the Kingston Beach Sailing Club. The School has been founded to provide a professional approach to sail training and to cater for the increasingly large number of people who wish to learn to sail.

The School's primary aims and functions are to:

- Share knowledge and provide instruction in water safety, sailing and seamanship.
- Run nationally accredited syllabuses and programs developed by Australian Sailing Training and Development scheme.
- Raise the profile of water activities, in particular sailing, within the Kingborough and greater Hobart communities.

The School offers beginner and intermediate sailing programs for children and adults. It also supports pathways for KBSC members who want to participate in the Australian Sailing Training and Development scheme to become Instructors or Assistant instructors.

If you wish to learn to sail or participate in any of the school's programs, please contact us to register your interest. Prior registration is essential as numbers in each course will be limited.



Tackers 1, 2 and 3

A great fun introduction to sailing for children aged 8 to 12 years who have little or no sailing experience. Classes are run in the club's Optimist dinghies. The 8 week program included Tackers 1 and 2 and 3 and is run twice each season.

Tackers 1 Having fun

Tackers 2 Tricks and techniques

Tackers 3 Sailing fast and introduction to racing

Green Fleet

This program is a follow on for Junior sailors who have completed the Tackers 1, 2 and 3 courses. It is aimed at providing basic racing skills and provided a fun introduction to the joys of small boat sailing and racing.

The program is conducted in the member's own boat with some crewing skills taught in other classes. The course focuses on refining enhanced boat handling skills including speed control and manoeuvres and introducing participants to basic racing tactics and strategies.

13 years to adult, and parent and child, learn to sail



These courses are aimed at youth and adults with or without experience, or who are looking for a refresher in sailing. It includes a preparatory theory evening followed by three sessions in the Club's Pacer dinghies.



I've been an avid sailor for many years and I regularly volunteer on the tall ship Windeward Bound. I am also a long term member of the local scout group, having travelled interstate and internationally with scouts. I have also completed my The Queen's Scout award, and I am studying ICT at UTas.



I started sailing as a tacker when I was 6 in Victoria. I started racing in Sabots, moved to a Mirror and now race in a B14. My other hobbies include surfing, hiking, kayaking, woodworking and piano.



I have been sailing at Kingston beach for more than 10 years now and have enjoyed every last second of it. Sailing has given me many opportunities to take part in dinghy and keelboat events around the state and country. I can't wait to share my love of sailing and a season of fun!



I have been at KBSC for 10 years, starting in Tackers and now sailing the Laser. I have competed in Sabot Nationals, won a Mirror State Title & the Laser Radial division at Tas Youth Champs. I enjoy being in and around boats and I'm looking forward to spending Saturdays at KBSC getting youth interested in the sport I love!

Assistant Instructors

Arthur Adams

Lily Robinson

Atlas Miller

Rory Spinaze Littlejohn

Huon Williams

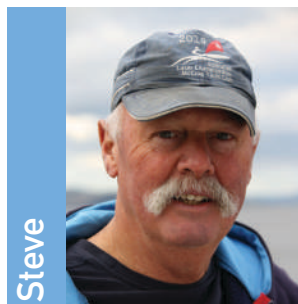
Wellington Adams

India Williams

Zephyr Coull

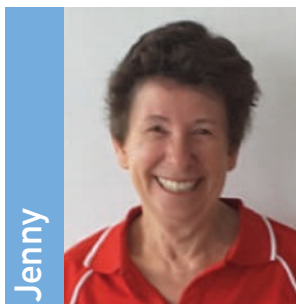
Joseph Ward

Zoe Cowles



Steve

Steve has enjoyed sailing in the Lasers as a Master with his wife Anne and is looking forward to passing on his enthusiasm for sailing this season.



Jenny

Jenny is six times Ladies Australian Mirror Champion helm and twice World Masters Champion as crew. She has dedicated many years of service to the club and ensured it's continued operation.



David

I started sailing at KBSC in the 1960's in Rainbows and Moths and am currently sailing SB20s and 2.4m's. I coached the Australian Mirror Team at the Worlds in Canada in 1997. I've been a National Umpire and Judge for around 20 years. Still loving all kinds of sailing, even after sailing round the world in the Clipper Cup.



Tackers practicing capsizing and recovery in the Optimists.

Learn to Sail

Tackers 1	8 - 12 Years	Using club owned Tacker Optimists
Tackers 2	8 - 12 Years	Using club owned Tacker Optimists
Tackers 3	8 - 12+ Years	Using club owned Tacker/Fibreglass Optimists
Green Fleet	Training and racing in own boats or leased club boats above.	

Fibreglass Optimist

Good boat for children progressing from Tackers 3



- Crew weight 30 – 60 Kg
- One or two children
- Good second hand boats available
- National and International competition

Atlas Miller
April 2019

Sabot

Less expensive option for children progressing from Tackers 3



Photo Credit - Jane Austin

- Crew weight 30 – 60 Kg
- One or two children
- More lively than an Optimist
- Good second hand boats available
- National competition

Open Skiff

Ideal boat for teenagers wanting fast sailing



- Self draining
- Easy to rig, right, transport and store
- Limited second hand options at present
- National and International competition

Luka Smillie
March 2019

Mirror

Ideal 2 person option (adult / child or two bigger children)

- Secondhand boats available
- Opportunities to crew with experienced top of the fleet sailors at KBSC
- National and International competition

Laser

A great single handed option for the larger, more experienced sailor

- Popular, affordable and lots of second hand options
- Good fleet of sailors at KBSC
- National and International competition

B14

A fun and exciting two handed option for experienced sailors

- Fastest two person body slung skiff in the world
 - Local sailors with the knowledge to teach others
 - National and International competition
-



Mirror

Charlotte Armstrong
& Rose Landon
in Cactus



Laser

Lindsay Wilson
in Born to Be Wild

Photo Credit - Nikki at
adventuresofasailorgirl.com



B14

Scott Foster & John Adams
in Turtle 2.0

Payment Classes

Associate	A non-sailing member wishing to maintain a connection with club and participate in social events.
Life Member	A member who has been awarded life membership for service to the club.
Volunteer	A non-sailing person who volunteers at the club. This includes non-sailing parents of juniors who participate in the member roster. do not use this if you are registering as part of a family membership.
Senior Sailor	An individual sailing member over the age of 18 years as at 1st September 2022.
Junior Sailor	An individual sailing member under the age of 18 years as at 1st September 2022. Full time students may also use this class.
Instructor	Reserved for non-sailing persons who provide instruction but do not sail with the club.
Family Membership	Each family membership must have one adult register under this class. This member will be designated as the Primary Family member.
Family Adult 2	Used to register the second adult in a family.
Family Child 1-4	Used to register the children included under a family membership.

Subscriptions/Fees on the following page are for the period 01/09/22 - 31/08/23

Please Note: Australian Sailing subscription fees for all active participants are included in the relevant membership types.

Subscriptions

Code	Item	Cost	
MF1	Family (Two parents or guardians and their MF3 children) One Tackers membership TAK1, TAK2 or TAK3 included in family m'ship.	\$455.00	
MF2	Senior (18 years and over as at 01/09/22)	\$320.00	
MF3	Junior (Under 18 as at 01/09/22)	\$250.00	
MF5	Life Membership	\$0.00	
MF7	Volunteer/Honorary (at discretion of committee)	\$0.00	
MF8	Kayak Membership	\$165.00	
AF1	Associate (non sailing)	\$50.00	
Sailing School Fees		Member	Non-Member
TAK1	Tackers 1	\$150.00	\$300.00
TAK2	Tackers 2	\$150.00	\$300.00
TAK3	Tackers 3	\$150.00	\$300.00
SSJT	Junior Training (Full Season)	\$110.00	NA
SSOH	Fibreglass Opti Hire (Full Season)	\$100.00	NA
SSSH	Sabot Hire (Full Season)	\$215.00	NA
SSMH	Mirror Hire (Full Season)	\$215.00	NA
Subsidiary Fees			
SF1	Boat Storage	\$185.00	NA
SF2	Kayak Storage	\$185.00	NA
SF3	Visitors Sailing Fee (boat and crew)	NA	\$10.00
	KBSC Clubhouse Hire (plus bond)	\$100.00	\$200.00
	Pacer Hire (afternoon)	\$20.00	\$60.00

Add Ons

Dinghy Storage	Available only to members who have registered and paid in the current season. Must be an active and regular sailor. Limited spots so check availability with Jenny.
Club Optimist Hire	Available for Green Fleet sailors for use with junior coahcing and racing. Junior coaching fees are included in the hire fee. Payable per half season, 6 avilable.
Junior Coaching	Green Fleet tuition for junior members with their own boat. Payable once per season.
Club Mirror Hire	Hire of the Club Mirror "Rear View". Full season hire only. 1 available.
Club Sabot Hire	Hire of the Club Sabot "Maelstrom". Full season hire only. 1 available.

Membership Benefits

Members have access to:

- Powerboat Handling Course
- Tackers Sailing Courses
- Rescue Boat Operators Course
- VHF Radio Operators Course
- First Aid Course
- Racing Rules Course
- Club facilities and social events
- Boat storage
- Trophies and prizes

Canteen

The club operates a small canteen each sailing Saturday offering hot food, salad rolls, drinks and chocolates. EFTPOS facilities are available. Canteen cards in the form of pre-purchased credit vouchers are available from the canteen staff. These cards may be named and left in the canteen for use from week to week.

Lunch pre-ordering is encouraged. There is a clipboard for this purpose in the canteen each week.

Code of Behaviour

In addition to compliance with all the rules and instructions, members shall at all times use discretion in preserving their own safety and that of their crew when afloat. In particular, no helmsman shall sail his or her boat when, by reason of weather or other factors, conditions are dangerous or hazardous as considered by the Principal Race Officer. This will be communicated by the flying of code flag 'N'.

Members shall at all times, both afloat and ashore, conduct themselves in a manner reflecting credit on the club and yachting in general.

Please note that Kingston Beach Sailing Club and its environs are smoke-free and vape-free areas.

Member's Obligations

It will be the responsibility of all sailing members that they shall be available for active Club Committee duties and/or for roster for the starting box, canteen, communications, rescue and start boat duties, Tackers assistant, etc, upon request.

Sailors who are rostered for duty must sign on for races as "rostered for duty" in order to qualify for average points.

Reciprocal Membership Rights

KBSC welcomes visitors to our club days. This is not limited to registered sailors of other clubs. All visitors must fill out the form at <https://www.revolutionise.com.au/kingstonbeachsc/registration/> and pay the fee before attending club activities. Non-members are not eligible for club awards, such as trophies and will not be considered in the Pennant Series (club championships).

Competitor's Liability

All those taking part in Kingston Beach Sailing Club Inc races, or in races conducted by the Kingston Beach Sailing Club Inc on behalf of another organisation or body, do so at their own risk and responsibility.

The officials of the Kingston Beach Sailing Club Inc and their assistants shall not be personally liable for any personal injury or property damage to, or by, members of the Kingston Beach Sailing Club Inc, however caused.

The Kingston Beach Sailing Club Inc is not responsible for the seaworthiness of a boat whose entry is accepted, or the sufficiency or adequacy of its equipment. The Kingston Beach Sailing Club Inc reserves the right to refuse an entry.

Attention is drawn to Australian Sailing's Fundamental Rule - "Decision to Race" which states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

No member or members of the Kingston Beach Sailing Club shall in any shape or form accept any responsibility or liability for any misfortune that may befall any competitor in any event run by the Club.



Important Insurance Information

Australian Sailing arranges a group personal accident insurance covering all silver and youth members as well as students attending courses at accredited Training Centres.

Members pay this premium as part of their membership fees to Kingston Beach Sailing Club.

For members it provides for a lump sum payment in the event of accidental death whilst yacht racing, cruising (and training and practicing for either) and officiating in organised races. As well as responding with a lump sum payment following accidental death the policy will also pay the same amount following certain major permanent injuries.

Australian Sailing's arranged Personal Accident insurance is by its very nature limited in the cover it can provide where the insured benefits are directly related to the premiums charged. The limits currently arranged by Australian Sailing provide a basic level of support for the members surrounding their yachting activities. The cover is not intended to substitute for full private health insurance, vessel third party liability insurances or appropriate worker's compensation or public insurances.

How this affects you:

It is strongly recommended that sailors maintain their own additional personal insurance, boat cover and liability insurance as the club has no Insurable Interest in these assets and cannot accept any responsibility for any Loss, Damage or Liability.

Boats stored at the club are not covered for damage or loss.

1. Rules

- 1.1 All races conducted by the Kingston Beach Sailing Club Inc, will be governed by the Kingston Beach Sailing Club 'General Rules and Instructions', the current Racing Rules of Sailing, the prescriptions of Australian Sailing, and the rules of each class concerned, except as any of these are changed by these sailing instructions.

2. Entries and Registration Procedures

- 2.1 All boats intending to start in the race must:
 - a) If a financial member: sign on on the appropriate sheet provided by the start box personnel.
or
 - b) If a visitor or non-financial member: complete the prescribed registration which must be completed (and paid) prior to competing. Visit <https://www.revolutionise.com.au/kingstonbeachsc/registration/> to register. Visiting competitors must also follow the KBSC procedure for signing on and signing off. Visitors may only sail on three race days in any one season, unless (in the opinion of the race officials or the KBSC general committee) extenuating circumstances apply.
- 2.2 Race entries should be lodged at least fifteen minutes prior to the advertised time for the first class start.
- 2.3 For financial members, a change in crew is permissible, but the Starting Box must be notified and the appropriate forms and fees must be provided.
- 2.4 All boats must sign the 'Sign Off Sheet' within one hour of finishing or retiring. Failure to sign off will result in disqualification unless extenuating circumstances apply.

In times of bad weather and where races are abandoned due to weather, helmsmen are required to sign off as soon as possible after making their boats and crew safe on the beach.

This is to allow the race management to confirm the safety of all sailors and crew. Crew members may sign off on behalf of the helmsman at the discretion of the helmsman.

3. Notices to Competitors

- 3.1 Notices to competitors will be posted on the official notice board located inside the clubhouse.

4. Race Briefing

- 4.1 A race briefing may be held approximately one hour before the scheduled start of
-

the first race of the day.

5. Signals made ashore

- 5.1 Signals made ashore will be flown from the flag mast at the eastern end of the clubhouse.
- 5.2 Flag Answering Pennant (AP) with two blasts (one blast when lowered) means 'The Race is postponed'. The warning signal will be made not less than 5 minutes after AP is lowered.
- 5.3 Flag N with three blasts means 'The Race is abandoned'; return to the starting area.
- 5.4 Flag N over Flag A with three blasts means 'All Races are Abandoned, No More Racing Today'; boats are to return to shore as quickly and as safely as possible.
- 5.5 Protests must be lodged with the appropriate form to the Starting Box no more than one hour after the last boat completes the last race for the day.

6. Class Signals and Starting Times

- 6.1 Green fleet will include Sabots, Optimists, O'pen Bics and other beginner sailors.
- 6.2 The class flags or boards and approximate starting times will be:

Fleet	Class Symbols	Start time
Green Fleet	Black Sabot on white background	1330 hours
Mirrors/Open Skiff (Bic)	Black 'M' on red background	1333 hours
Laser/Open/B14	Laser Insignia on a white background	1336 hours

- 6.3 Class starts may be combined or varied at the discretion of the PRO.
- 6.4 Except where otherwise advised in the sailing program, the first start will be at approximately 1330 hours. The starting sequence will be as above.

7. The Courses

- 7.1 The diagrams on the Official Club Course Card in the handbook show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
 - 7.2 A signal indicating the course for each class shall be flown at or before the warning signal for that class. A red flag flown, or board displayed, with the course flag indicates a Port Course. A green flag flown, or board displayed with the course flag indicates a Starboard course.
-

7.3 The courses may be described on the day at the race briefing session.

8. Marks

- The colour and type of mark will be described at the briefing.

9. The Start

9.1 Races will be started using rule 26 with classes starting at three minute intervals. Races shall be started by using the following signals. Times shall be taken from visual signals; the absence of a sound signal shall be disregarded.

Signal	Flag or Board and Sound	Minutes Before Starting Signal
Warning	Class flag or board; 1 sound	3
Preparatory	'P' flag or board raised; 1 sound	2
One-Minute	'P' flag or board removed; 1 long sound	1
Starting	Class flag or board removed; 1 sound	0

As per RRS Rule 26, "P" may be replaced with "I", "U" or the black flag.

9.2 The starting line will be:

- a) between the 'on station' flag on the Committee Boat and a Buoy flying code flag O, or a mark of the course. A distance buoy flying a green flag may be laid approximately along this line. No boat shall pass between this distance buoy and the committee boat from the course side after the preparatory signal for the first class start. Failure to observe this rule will render a boat liable to disqualification, unless it is decided by a protest committee that extenuating circumstances exist.
- or
- b) between a buoy flying a code flag O situated off the Kingston Beach Sailing Club starting box and the orange line marked on the board in the window of the starting box. A distance buoy flying a green flag may be laid approximately along this line. All boats shall start on the NE side of this distance mark.

9.3 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

9.4 A boat shall not start later than 10 minutes after her starting signal. A boat that has not started before this time will be scored DNS (did not start).

10. Change of course after the start

- 10.1** A change of course after the start will be signalled by the flying of code flag 'C', from a fisherman's pole near the mark or from a rescue boat, before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

11. Shorten Course

- 11.1** The PRO may shorten courses in the manner described in a) **or** b) below:

- a) When code flag 'S' together with the applicable class flag(s) is displayed on or alongside a mark of the course, yachts shall round that mark on the prescribed hand and proceed directly to the finishing line described in instruction 13.1 (a). Attention may be drawn to this by 2 sound signals. This rule shall apply to all courses.

or

- b) The finishing line shall be between a mark of the course and an 'on station' flag on the committee boat, or other assigned craft positioned on the outside of the course. The finishing boat shall fly code flag 'S' and a blue "on station" flag.

- 11.2** All yachts shall complete the same number of legs of the course as the first yacht in their class to finish correctly.

12. The Finish

- 12.1** The finishing line will be:

- a) Between a buoy flying a black and white checked flag and the line marked on the window of the Kingston Beach Sailing Club start box.

or

- b) Between the blue 'on station' flag on the Committee Boat and a Buoy flying a black and white checked flag.

- 12.2** Boats that have finished shall keep clear of the finish line and of boats still racing.

13. Time Limit

- 13.1** The time limit will be 70 minutes for all classes. A boat failing to finish within 10
-

minutes after the first boat in her class finishes or within the time limit, whichever is later, will be scored Did Not Finish (DNF). (The objective is to minimise waiting time between races.)

14. Protests

- 14.1 A boat intending to protest shall always inform the other boat at the first reasonable opportunity. Boats of hull length of less than 6 metres need not display a protest flag.
- 14.2 Protests shall be written on forms available at the starting box and delivered there within 30 minutes after the time of the last boat's finish.
- 14.3 Protests will be heard in approximately the order of receipt as soon as possible. Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.
- 14.4 Other enquiries or problems about a race or race results may be lodged on a "Request for Review" form available from the Start Box.

15. Right of way for Rescue Boats

- 15.1 Boats, whether racing or not, shall concede right of way to rescue boats of any club engaged in giving aid to, or towing a boat.

16. Safety Rules

- 16.1 All helmsmen shall ensure that their yacht and crew comply with the Australian Sailing Rules and Racing Safety Regulations. Any boat found not to comply with these regulations will be disqualified.
- 16.2 All sailors must wear a personal floatation device, approved to Australian Standards whilst on the water. The device must be securely fastened and worn on the outside of all other clothing and equipment, excluding trapeze harnesses and lycra tops. Failure to do so will result in disqualification.
- 16.3 Upon the wind speed rising above a sustained reading of 25 knots the race may be abandoned at the discretion of the PRO.

17. Sail Numbers and Insignia

- 17.1 Every mainsail shall bear the registered number on both sides of the sail, and the applicable insignia in accordance with current Racing Rules of Sailing.

18. Boat Names on Hulls

- 18.1 All boats must have the name of the boat, sail numbers and club on the transom
-

or both sides, close to the stern, in letters of minimum height stated by Australian Sailing in the current Racing Rules of Sailing.

19. Advertising

19.1 Advertising is permitted in accordance with the current Racing Rules of Sailing.

20. Handicapping

20.1 Handicapping of boats will be conducted using the software program as determined by the sailing committee.

21. Scoring

21.1

- a) In the award of points for each race, each helmsperson and crew yacht combination shall be regarded as one unit entry. Members, who change any yacht details (helmsman/crew and/or sail number) from details supplied on the original Official Boat Registration Form for the current season, will be ineligible for pennant or trophy points unless notified on the sign on sheet at the time of entering for the day's racing.

The exception to this rule is the Mirror and skiff class, or any other two handed class where the helmsman and boat are considered one combination; the crew may be varied provided all details are completed on the sign on sheets and the crew is a financial member or visitor. Mirror and skiff helmsmen may elect to sail one-up but may then only take part in club races with the permission of the PRO (for safety the PRO needs to be aware that this particular boat is sailing without a crew) and on the understanding that a penalty may be applied.

- b) Sailors who are on rostered duty must sign on as "rostered on duty" in order to be awarded points for the day's racing.

21.2 Members must be financial prior to opening day each year. Pennant points and trophies will not be awarded until both helmsman and crew is financial. (Pennant points are not retrospective and will not be awarded for races already sailed when the helmsman or crew was not financial.)

21.3

- a) Championship pennant points will be allocated in the order of finishing, except open/laser, skiff and catamaran classes where points will be allocated according to the order of corrected times based on the relevant yardsticks.
 - b) Handicap pennant points will be allocated according to the order of corrected times after finishing times have been adjusted in accordance with the handicap.
-

- c) Series and trophy races will be allocated points according to the order of corrected times or after finishing times have been adjusted in accordance with the handicap if appropriate.

21.4 If a race is cancelled, no points will be allocated for that race and it shall be deemed to be a race, which has not been conducted.

21.5 Pennant series points will be allocated for all completed races in accordance with the current Racing Rules of Sailing.

Except that :

- a) A boat which starts (or ranks as a starter) does not finish, or starts and thereafter retires within a reasonable time, shall score points for the finishing place one more than the number of boats to finish in that race.
- b) A boat which is disqualified shall score points for the finishing place one more than the number of boats whose entry has been received in the series up to and including that race.
- c) A boat, which does not compete, shall score points for finishing place equal to the number of entrants in the series up to and including the race being scored.
- d) Series other than mentioned above will use the low point scoring system.

21.6 The Championship and Handicap pennant series winners will be the boats with the lowest total number of points. If 14, 13 or 12 races are completed a boat's worst 3 results will be discarded. If 11, 10, 9, or 8 races are completed, a boat's worst two race results will be discarded. Similarly for 7 or 6 races only one discard will be allowed. If less than 5 races are sailed, all races will count.

21.7 Crews who are unable to compete in any race because they are rostered for rescue boat or starting box duties will be allocated points for such races equal to their average of all races to count (i.e. excluding their discards) in that series. It is the responsibility of the sailors involved to bring their duty to the attention of the handicapper by signing on as "rostered on duty". Points will not be awarded to those sailors whose names do not appear on the race records.

21.8 Pennant and handicap pennant ties will be broken as described by the current Racing Rules of Sailing.

COURSES

36

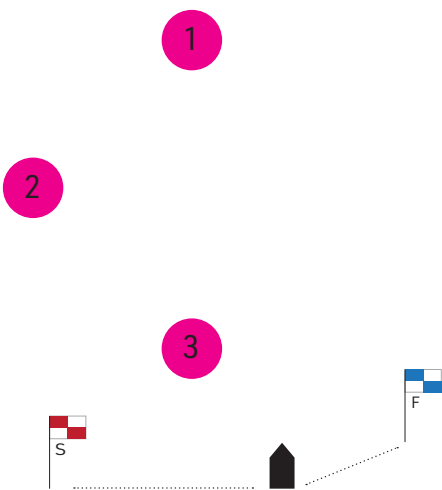
Course D



Code Flag D

All Classes

S - 1 - 3 - 1 - 2 - 3 - 1 - 3 - F



Trapezoid Course



Code Flag Q

Performance

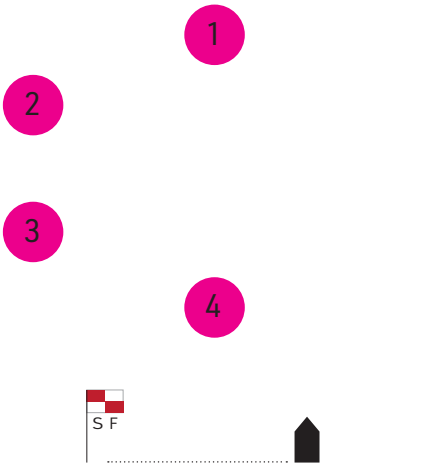
S - 1 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - F

Mirror/Laser

S - 1 - 4 - 1 - 2 - 3 - F

Green Fleet

S - 1 - 2 - 3 - F



Windward/Leeward Course

Code Flag T



Performance

S - 3 - 2 - 3 - 2 - 3 - F

Mirror/Laser

S - 1 - 2 - 1 - 2 - 1 - F

Green Fleet

S - 1 - 2 - 1 - F

3

1

2



Standard Course



Code Flag O

Performance

S - 4 - 5 - 3 - 4 - 3 - 4 - 5 - F

Mirror/Laser

S - 1 - 2 - 3 - 1 - 3 - 1 - 2 - F

Green Fleet

S - A - B - 3 - A - 3 - A - B - F

4

1

5

2



3



PRO's Choice



Code Flag J

The PRO's Choice course will be described at the race day briefing in the club house. The course may be of any configuration to suit the nature of the event or the requirements of the PRO.

Note

Pictures shown are diagrammatical representations of the different course shapes. Lines do not necessarily represent direction boats must sail. Courses may be Port or Starboard. Port course is illustrated. Buoys to be rounded in order specified for each class and course.

Changes to the Sailing Instructions

The Official Notice Board in the clubhouse will be the medium for the notification to all members of the amendments, additions to or deletions from, these rules and instructions. Such notices will be regarded as sufficient notification to all members. Notices so placed one (1) hour prior to the start of a race will, if indicated in the text of such notices, apply to all races to be conducted on and from that day. Attention will be drawn to these notices by flying code flag "L" accompanied by one sound signal on posting.

RACE SIGNALS

The diagrams on the following page show the visual and sound signals.

↑ = Visual signal displayed

↓ = Visual signal removed

• = Sound

----- (5 short dashes) = Repetitive
Sounds

— (Long Dash) = Long Sound

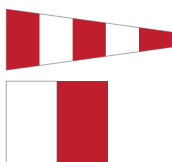
When a visual signal is displayed over a class flag, the signal applies only to that class.

Postponement Signals



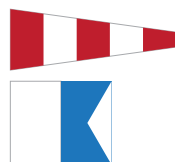
AP ↑ • • ↓ •

Races not started are postponed. The warning signal will be made 1 minute after the removal unless at that time the race is postponed again or abandoned.



AP over H ↑ • •

Races not started are postponed. Further signals ashore.



AP over A ↑ • •

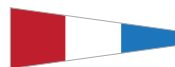
Races not started are postponed. No more racing today.



Pennant 1 ↑ • • ↓ •



Pennant 2 ↑ • • ↓ •



Pennant 3 ↑ • • ↓ •



Pennant 4 ↑ • • ↓ •



Pennant 5 ↑ • • ↓ •



Pennant 6 ↑ • • ↓ •

AP over Numeral Pennant 1 - 6 ↑ • • ↓ •

Postponement 1 - 6 hours from the scheduled starting time.

Abandonment Signals



N ↑ • • • ↓ •

All races that have started are abandoned. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.



N over H ↑ • • •

All races that have started are abandoned. Further signals ashore.



N over A ↑ • • •

All races that have started are abandoned. No more racing today.

Preparatory Signals



P ↑ • ↓ -
Preparatory signal.



I ↑ • ↓ -
Rule 30.1 is in effect.



Z ↑ • ↓ -
Rule 30.2 is in effect.



Black flag ↑ • ↓ -
Rule 30.3 is in effect.

Recall Signals



X ↑ •
Individual recall.



First Substitute ↑ • • ↓ •
General recall. The warning signal will be made 1 minute after removal.

Shortened Course



S ↑ • •
The course has been shortened. Rule 32.2 is in effect.

Changing the Next Leg



C -----
The position of the next mark has been changed.



to starboard;



to port;



to increase the length of the leg;



to decrease the length of the leg.

Other Signals



L ↑ •
Ashore: A notice to competitors has been posted.
Afloat: Come within hail or follow this boat.



M -----
The object displaying this signal replaces a missing mark.



Y ↑ •
Wear a personal flotation device.



Blue Flag / Shape (no sound)
This race committee boat is in position at the finishing line.

Guidelines

- 1. ACT SENSIBLY** - Wear clothing that will be adequate late in the day - wool is best - or wetsuit gear. Retire from the race if continually capsizing before you or your crew becomes unduly cold and tired. The transition to a dangerous state of exhaustion can be rapid.
 - 2. STAY WITH THE BOAT** - Do not let go of the boat and do not swim after gear. A dinghy can blow out of reach very quickly. Never attempt to swim ashore, even with a personal floatation device. Sit on the hull and signal for assistance.
 - 3. RESCUE BOAT** - The club requires you to obey all instructions from Rescue Boat crew without argument. You must obey instructions to abandon your boat and board the Rescue Boat without delay when directed. Do not waste the Rescue Boat's time - you may delay urgent assistance to others.
 - 4. TOW ROPE** - Each boat should be fitted with an adequate tow rope long enough to be at least twice the length of the boat. It should lead back through a bow or forestay ring to a strong point on the hull.
 - 5. SAIL LOWERING** - Mainsails must be able to be lowered from the hull. The alternative is that the whole rig can be quickly dropped. Crews should drop their sails immediately after they abandon sailing. If possible, stow sails before being towed.
 - 6. SECURE GEAR** - Secure loose equipment so that nothing can float away. Centreboards and rudder gear must be so secured that they will remain in place even when the boat is inverted.
 - 7. BAILERS** - Must be carried by all boats except those with sealed or self draining hulls. The bailer must be secured by a long lanyard.
 - 8. FLOATATION** - All boats (incl catamarans) must be fitted with floatation to Australia Sailing and Class standards. They must be fitted with positive closed cell buoyancy or equivalent in sealed compartments.
 - 9. MASTS** - Hollow masts must be sealed or fitted with closed cell buoyancy or fitted with a drain hole to Australian Sailing requirements.
 - 10. PADDLES** - are recommended.
 - 11. UNDER TOW** - Raise centreboard, block centre case to keep water out, steer boat and sit low in the hull. If others have to be tied astern, try to tie their tow ropes to your rope, not your boat.
-

Hypothermia

Overexposure to cold can occur following immersion or as a result of wind chill. The severity of overexposure depends on many factors including age, physical condition, clothing, temperature, wind speed and the period of exposure.

Overexposure can be prevented by:

- wearing warm inner clothing made from material designed for very cold environments
- wearing wind and waterproof outer clothing
- ensuring that boats and other equipment are in good condition
- consuming adequate amounts of food and drink before going sailing

Symptoms and Signs of Mild to Moderate Overexposure to Cold include:

- a cold feeling and shivering
- excessive fatigue
- problems with vision
- faintness and cramps
- increasing slowness of physical and mental responses
- uncoordinated movement and confusion
- slurred speech

Severe Accidental Cooling – Hypothermia – is a dangerous condition, commonly caused by prolonged immersion in cold water.

Symptoms and signs include:

- coldness
- slow pulse
- slow, shallow breathing

Management:

- remove to a dry warm place if possible
- place the casualty between blankets so that the temperature can rise gradually
- if conscious, give warm drinks (not alcohol)
- a companion stripped to underclothing and sharing the casualty's sleeping bag can help warm the body
- seek medical aid urgently
- remain with the casualty until medical aid arrives

Warning: DO NOT attempt to speed up the warming process by placing casualty in a hot bath or shower, or by using hot water bottles or electric blankets.

Schedule

- 0900 Tackers 1

0930 Tackers 2 and 3

1030 Green fleet morning training
- 1230 Afternoon Briefing

1330 Afternoon Racing

October			
7	KBSC	Opening Day Lunch	12:00
		Opening and Briefing	12:30
		Sail Past & Hevey Memorial Trophy Race	13:00
14	KBSC	Tackers 1, 2 and 3 (I)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Club Racing	13:30
12 - 13	RYCT	Tas Youth Coaching Clinic All youth sailors encouraged to attend	
14 - 15	RYCT	Tas Youth Championships	
21	KBSC	Tackers 1, 2 and 3 (II)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pennant (I) (All Classes)	13:30
28	KBSC	Show Weekend - No Sailing	
28 - 29	LYC	Sabot Training Regatta (Leven Yacht Club)	
28 - 29	RYCT	Assistant Instructor / Dinghy Instructor Courses	

November

4	KBSC	Tackers 1, 2 and 3 (III)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pennant (II) - All Classes	13:30
11	KBSC	Tackers 1, 2 and 3 (IV)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pennant (III) - All Classes	13:30
18	KBSC	Tackers 1, 2 and 3 (V)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pennant (IV) - All Classes	13:30
25	KBSC	Tackers 1, 2 and 3 (VI)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Club Races	13:30
25 - 26	KBSC	MacIntyre Cup (Mirror) Mirrors encouraged to attend	
25 - 26	SBSC	PJ Super Series incorp. Sabot Southern Regatta Lasers, O'pen Skiffs & Sabots encouraged to attend	



December			
2	KBSC	Tackers 1, 2 and 3 (VII)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Club Racing	13:30
2 - 3	MPYC	Pittwater Regatta B14s encouraged to attend	
9	KBSC	Tackers 1, 2 and 3 (VIII)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Life Members Handicap Trophy Race Format TBC	13:30
9 - 10	RYCT	Showdown Regatta	
16	KBSC	Peter Harvey Teams Racing (I)	09:00 - 13:00
		Christmas Lunch & Tackers Presentations Peter Harvey Teams Racing Presentations	13:00
27 - 30	RFBSC	Mirror National Championships (Western Australia)	
27 - 3	MSC	Sabot National Championships (Queensland)	
30	KBSC	Christmas Break - No Sailing	

January

6	KBSC	Christmas Break - No Sailing	
1 - 8	ASC	ILCA Oceania & Australian Championships (South Australia)	
2 - 7	SBSC	B14 National Championships (Victoria)	
8 - 13	LCSC	O'pen Skiff National Championships (Queensland)	
13	KBSC/ KYC	Adventure Sail Combined KBSC & Kettering YC Picnic (Subject to Numbers)	
20	KBSC	Tackers 1, 2 and 3 (I)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pennant (V) - All Classes	13:30
27	KBSC	Long Weekend - No Sailing	
26 - 28	MPYC	B14 State Titles (TBC)	
31	KYC	Twilight Racing - Taster at Kettering (Details TBA) Followed by BBQ	



February			
2	KBSC	Tackers 1, 2 and 3 (II)	09:00 - 12:00
3	KBSC	Tackers 1, 2 and 3 (III)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Malcom McDougall Trophy Races - Yardstick Trophy	13:30
2 - 10	ASC	ILCA Masters World Championships (South Australia)	
10	KBSC	Long Weekend - No Sailing	
12	HRG	Royal Hobart Regatta - Off the Beach Racing	13:30
17	KBSC	Tackers 1, 2 and 3 (IV)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pringle Family Races	13:30
17 - 18	PDYC	Blockbuster Regatta Sabots, Lasers and B14s encouraged to sail	
24	KBSC	Tackers 1, 2 and 3 (V)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Peter Canning Trophy Races Incorporating Pennant (VI) - All Classes	13:30
23 - 25	BYC	Crown Series Regatta - Off the Beach Racing	



March

2	KBSC	Tackers 1, 2, and 3 (VI)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Pennant (VII) - All Classes	13:30
2 - 3	LYC	O'pen Skiff State Championships O'pen Skiffs encouraged to attend	
9	KBSC	Long Weekend - No Sailing	
16	KBSC	Tackers 1, 2, and 3 (VII)	09:00 - 12:00
		Green Fleet	10:30 - 12:00
		Club Racing	13:30
16 - 17	DSC	Mirror State Championships Mirrors encouraged to attend	
TBC	TBC	Laser State Championships	
		Sabot State Championships	
23	KBSC	Tackers 1, 2 and 3 (VIII)	09:00 - 12:00
		KBSC Presentation Lunch & Tackers Presentations Presentation of Club Awards & Pennant Winners announced	12:00
		Peter Harvey Teams Racing	13:30
29 - 2	KBSC	Easter Weekend - No Sailing	
	PESC	Dover Regatta	

April

1 - 12	RQYS	Australian Masters Championships (ILCA)

Volunteering

The sailing club is run entirely by volunteers and any help is gratefully received. Volunteers are needed to assist in the day to day running of the club with some roles requiring suitable qualifications. You can help in the canteen, on the beach, in rescue boats, washing and putting away the Tackers dinghies, in the start box and to help set out the outdoor furniture each sailing morning, and to pack away at the end of the day. Training is available; please see Jenny Graney in the first instance.

Drinks Cards

Volunteers who assist in the afternoon racing sessions, as rescue boat personnel, start box, or beach patrol are acknowledged for their efforts with a club drink card. This card may be redeemed after sailing. The Club Race Officer for the day will be responsible for distribution of the drink cards to the volunteers.



SPONSORS

We would like to thank the following sponsors for their generous support:



KBSC would like to acknowledge the assistance of the office of Julie Collins MP, Federal Member for Franklin, in the printing of the handbook.